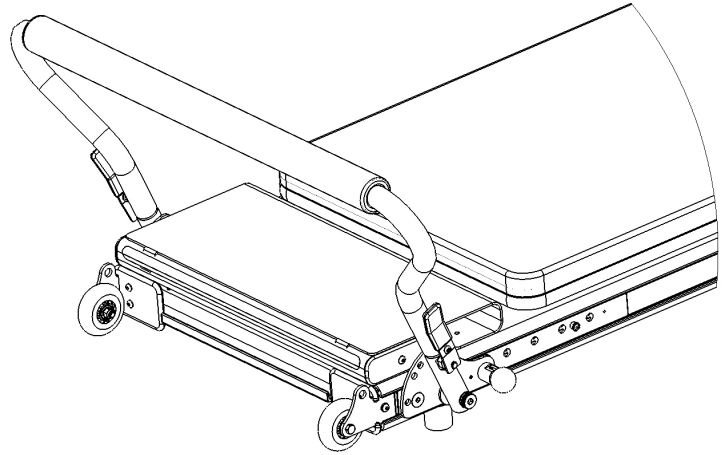


How to Install and Use the Oversized Standing Platform on the Allegro® Reformer

Determine which style of Allegro Reformer you have.

- » If the rails near your trunion and standing platform have a slotted hole, follow new style instructions and order part number 950-266; Oversized Standing Platform Hinging, A1b.
- » If your reformer does not have slots in the rails, please follow the old style instructions and order part number 720-063; Oversized Standing Platform, A1b.



NEW STYLE

PARTS LIST (INCLUDED):

Description	Part No	Qty
Oversized Standing Platform Foam Pad	UPH7041	1
Tilting Oversized Standing Platform	621-008	1
Anti-wear Strip	607-493	2
Alcohol Wipe	FAK1000	2

INSTALL ANTI-WEAR STRIPS

1. Use the provided alcohol wipe to clean the top surface of the side rails, near the slotted holes by the trunion plates. Hold the anti-wear strip over the slotted hole as a template for the area to be cleaned. Repeat on the other side. Let dry before applying strips.
2. Peel off the backing from the anti-wear strip and align the strip slotted hole with the frame slot. Press down firmly. Repeat on the other side. See Figure A.

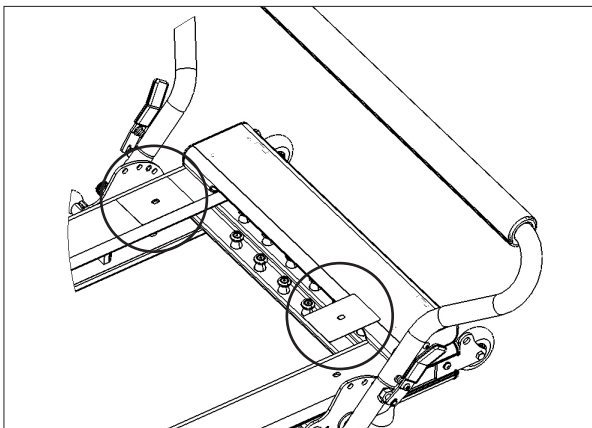


Figure A

INSTALL THE OVERSIZED STANDING PLATFORM

3. Lower the Tilting Oversized Standing Platform (O.S.P) down onto the mounted standing platform. There are two tabs on the O.S.P. which will drop into slots in the standing platform. The pins on the underside will be facing toward your carriage. See Figure B.

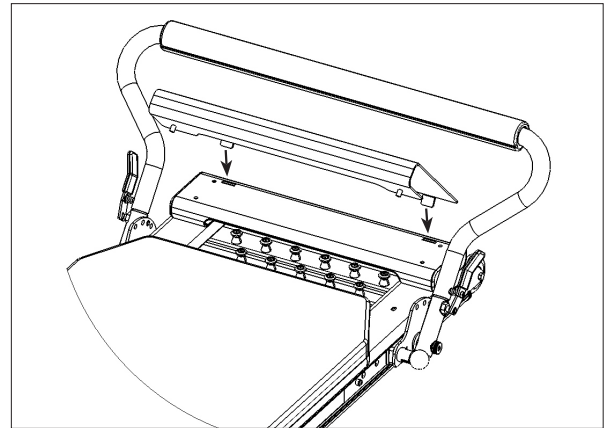


Figure B

4. Once the O.S.P. has the tabs installed, pivot it forward and down so that the pins lower onto the rails and fall into the slots in the rails. See Figure C.

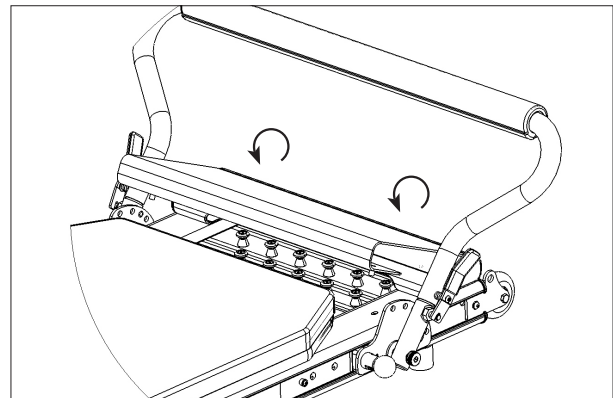


Figure C

5. You can now use your O.S.P. To access and change springs, tilt the O.S.P. up and away from the carriage. When finished with the change, lower the O.S.P. back down onto the rails.

OLD STYLE

NOTE: This kit is intended to be installed on Allegro Reformers with Serial Numbers 36396 through 41500.

PARTS LIST (INCLUDED):

Description	Part Number	Qty
Oversized Standing Platform	N/A	1
5/32" T-handle Allen wrench	TOL1376	1

1. Remove the end caps on both ends of the existing standing platform by unscrewing the screws in the middle with the included 5/32" Allen wrench. See Figure A.

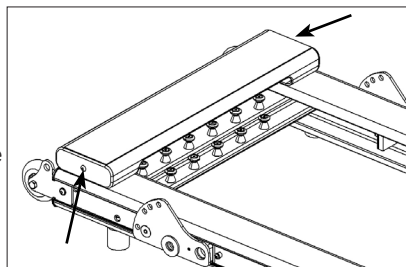


Figure A (footbar not shown for clarity)

2. Peel back the ends of the non-skid on top of the standing platform to expose the two holes at each end. Then, with the provided 5/32" Allen wrench, remove the 4 screws directly under the holes in the standing platform. See Figure B. Set the screws and washers aside, you will need them later.

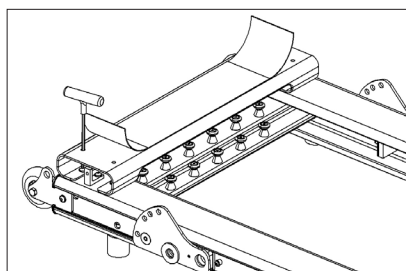


Figure B

3. Remove the standing platform.

4. Re-install the two screws closest to the carriage and tighten them. See Figure C.

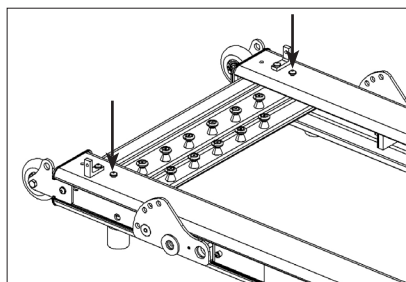


Figure C

NOTE: DO NOT REMOVE THE L-BRACKETS THAT USED TO HOLD ON THE CAPS YET.

5. Holding the oversized standing platform in position, attach it to the frame using the two screws and washers removed earlier. See Figure D.

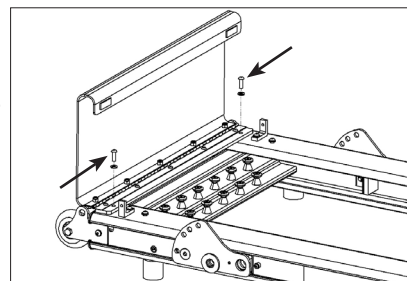


Figure D

6. Remove the L-brackets that used to hold the standing platform end caps in place, and then re-install the screws. See Figure E.

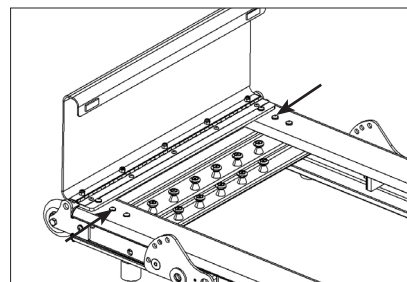


Figure E

7. Now peel the adhesive backing off the Velcro pads under the standing platform and then lower the platform to adhere the Velcro to the frame in the correct location. See Figure F.

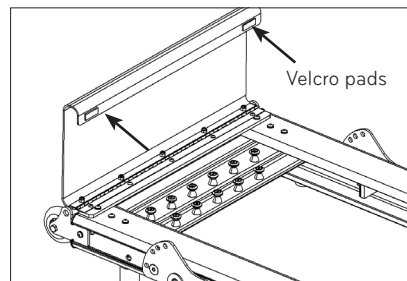


Figure F

Questions? Call Balanced Body Technical Support at 1-800-745-2837 (US and Canada), or +1-916-388-2838 (all other countries). Email: info@pilates.com.

How to Install and Use the Standing Platform Pad on the Allegro® Reformer

STANDING PLATFORM PAD

Place the pad directly on top of the standing platform to use. This pad will make the standing platform height the same as your carriage pad. See Figure A.

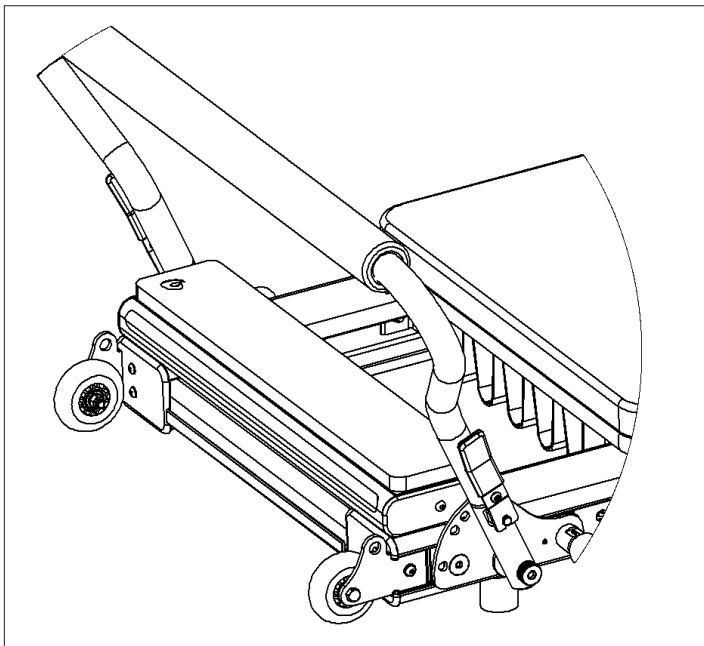


Figure A: Standing Platform Pad

OVERSIZED STANDING PLATFORM PAD

Your O.S.P. kit comes with the oversized standing platform pad. Place the pad directly on top of the standing platform to use. This pad will make the standing platform height the same as your carriage pad. See Figure B.

Note: You must remove the smaller pad to install the O.S.P. ONLY use one pad at a time.

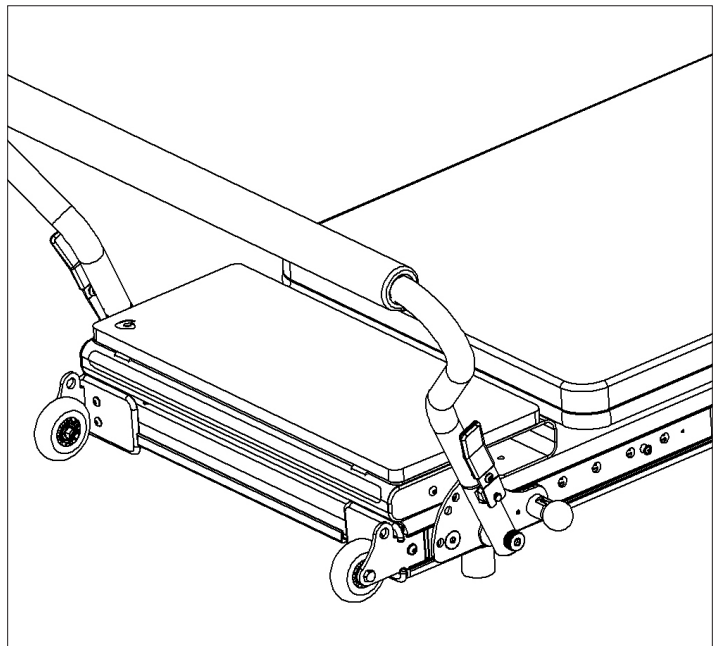


Figure B: Oversized Standing Platform Pad